

# JULY

# COLONY I&II 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 2:00 Rosary 6:30 Dominoes	2
3	4 <b>4TH OF JULY</b> OFFICE CLOSED	5 1:00 Cornhole 3:30 Libby Book Mobile 6:00 Bingo	6 9:00 Computer 1:30 Left, Center, Right Dice Game (Bring Nickels)	7 10:00-11:00 Blood Pressure Clinic 1:00 Crafts	8 10:00 Seated Exercise 11:00-12:00 SNAP Education Program: Whole Grains 1:00 Coloring	9
10	11 10:00 Walking Club 10:30 Prayer Service 2:00 Med Minder Presentation *Ice cream will be served*	12 1:00 Heart Card Game* 6:00 Bingo *This activity has been changed	13 9:00 Computer 1:30 Left, Center, Right Dice Game (Bring Nickels)	14 1:00 Knit and Crochet	15 10:00 Seated Exercise 11:00-12:00 SNAP Education Program: Lower Fat Foods 1:00 Coloring	16
17	18 10:00 Walking Club	19 1:00 At The Movies: Thelma and Louise (Popcorn and a drink) 6:00 Bingo	20 9:00 Computer 1:30 Left, Center, Right Dice Game (Bring Nickels)	21 1:00 Crafts	22 10:00 Seated Exercise 11:00-12:00 SNAP Education Program: Being a Wise Shopper 1:00 Coloring	23
24	25 10:00 Walking Club	26 6:30 Card Playing Game	27 9:00 Computer 1:30 Left, Center, Right Dice Game (Bring Nickels)	28 11:00 Book Club 1:00 Knit and Crochet	29 10:00 Seated Exercise 11:00-12:00 SNAP Education Program: Fruits and	30
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