

November 2014

COLONY HOLDEN

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|-----------|
| <p>December 2 - Whites of Westport - A delicious luncheon and Christmas variety show by Don Who. A Stop at Vanity Fair Outlet.. \$60.00 Sign up Now!</p> <p>November 14 - Coffee Hour - 1:30 Sleep Disorders! Learn how to get back to Sleep! Presented by Apex Homecare Sign up on clipboard by Nov.7.</p> | | | | | | <i>1</i> |
| <i>2</i> | <p><i>3</i></p> <p>10:00 AM Fitness Group</p> <p>6:00 PM Bingo!</p> | <p><i>4</i></p> <p>1:30 PM Computer Lessons</p> | <p><i>5</i></p> <p>10:00 AM Fitness Group</p> <p>2:00 PM Card game: Hearts!</p> <p>No.Shore Music Theatre Trip</p> | <p><i>6</i></p> <p>1:30 PM Blood Pressure Clinic! Free!</p> | <p><i>7</i></p> <p>10:00 AM Mexican Train Dominos</p> <p>2:00 PM Eucharistic Service</p> | <i>8</i> |
| <i>9</i> | <p><i>10</i></p> <p>10:00 AM Fitness Group</p> <p>6:00 PM Bingo!</p> | <p><i>11</i></p> <p>1:30 PM Computer Lessons</p> <p>Veterans Day! Thank you for your service!</p> | <p><i>12</i></p> <p>10:00 AM Crafts</p> <p>10:00 AM Fitness Group</p> <p>2:00 PM Card game: Hearts!</p> | <i>13</i> | <p><i>14</i></p> <p>1:30 PM Coffee Hour: Sleep Disorders Tips for better sleep!</p> | <i>15</i> |
| <i>16</i> | <p><i>17</i></p> <p>10:00 AM Fitness Group</p> <p>6:00 PM Bingo!</p> | <p><i>18</i></p> <p>1:30 PM Computer Lessons</p> | <p><i>19</i></p> <p>10:00 AM Fitness Group</p> <p>2:00 PM Card game: Hearts!</p> | <i>20</i> | <p><i>21</i></p> <p>10:00 AM Resident Council Meeting</p> | <i>22</i> |
| <i>23</i> | <p><i>24</i></p> <p>10:00 AM Fitness Group</p> <p>6:00 PM Bingo!</p> | <p><i>25</i></p> <p>1:30 PM Computer Lessons</p> | <p><i>26</i></p> <p>10:00 AM Crafts</p> <p>10:00 AM Fitness Group</p> <p>2:00 PM Card game: Hearts!</p> | <p><i>27</i></p> <p>Happy Thanksgiving! Office Closed</p> | <p><i>28</i></p> <p>Office Closed</p> | <i>29</i> |
| <i>30</i> | <p>Thanks to everyone that volunteered, donated + bought stuff at our bazaar to make it a big success!</p> | | | | | |